Upcoming Retreats & Events 5300 Crest Road, Rancho Palos Verdes, CA 90275 310.377.4867



May 2024 Edition

### **2024**

#### May:

World Labyrinth Day 2024 Peace & Healing of the World Saturday, May 4, 2024 Gather at Noon, Walk at 1pm

Self-Forgiveness: Fred Luskin, PhD & Herb Kaighan, Spiritual Guide Saturday, May 11, 2024 10 AM to Noon US Pacific Time Via Zoom

#### June:

Herb Kaighan ~ 2 Day Weekend Event Design for Living Retreat: Improving & Enlarging OUR AWAKENING! Meditation & Message Jo B, Australia & Herb K, Palos Verdes, CA 5:30 pm Friday, June 14 to 1:30 pm Sunday, June 16, 2024

Sacred Expressions: Connecting with your Inner Wisdom through SoulCollage Laureen Lazarovici & Victor Narro Saturday, June 15, 2024 10am to 4pm

The Nature of Recovery & Recovery in Nature Mark Mitchell LMFT, Psychotherapist, faculty LMU & CSUDH. Saturday, June 22, 2024 9:00am to Noon

#### \*New date for this retreat

Celebrating & Renewal: Reflect, Rest and Renew! Rev. Jim Clarke, PhD, Spirituality Consultant for the Office of Permanent Diaconate LA Archdiocese Saturday, June 22, 2024 9:00 am to 4:00pm (Items in bold are on-site, in-person retreats or events)

#### July:

Emotional Sobriety: Dealing with Disturbance - Step 10 Allen Berger, PhD, Clin. Psych. & Herb Kaighan, Spiritual Guide Saturday, July 20, 2024 10 AM to 1 PM US Pacific Time Via Zoom

The Gift of Enough Terry Hershey 6pm Friday, July 26 to 1:30 pm Sunday, July 28, 2024

8 Day Silent Guided Directed Retreat: God's Tender Touch through Prayer Spiritual Directors: Sr. Pascazia Kinkuhaire, DMJ; Fr. Joseph Miller, SVD; Sue Ballotti 6pm Sunday, July 28 to 1:30pm Sunday, August 4, 2024

#### September:

Weekend Healing Retreat: Begin with the Heart ~ Meister Eckhart Fr. Pat Crowley, SSCC 6 pm Friday, Sept. 27 to 1:30 pm Sunday, Sept. 29, 2024

#### October:

Emotional Sobriety: Conscious Contentment - Step 11 Allen Berger, PhD, Clin. Psych. & Herb Kaighan, Spiritual Guide Saturday, Oct. 12, 2024 10 AM to 1 PM US Pacific Time Via Zoom

#### **Ongoing Retreats**

Centering Prayer Group 2024 Improving Our Relationship with God with Greg Johnson & Herb Kaighan 2nd & 4th Wednesdays each month 7:30-9pm US Pacific Time Via Zoom



Visit Our Website for all Upcoming Programs ~ Register for retreats online or donate to our mission at www.maryjoseph.org



www.maryjoseph.org



"Come away... and rest awhile" Mark 6:31



# Picture Yourself at Mary & Joseph Retreat Center!

The Mary & Joseph Retreat Center is a quiet, sacred, beautiful place where people of faith find spiritual renewal, unity, healing and peace. We serve the needs of the community by sponsoring spiritual retreats & events and by hosting organizations holding their own events on our grounds.

## Special Amenities at Mary & Joseph

Labyrinth ~ Outdoor, 11 circuit Chartres style Conference Rooms for 5 to 150 Overnight guests rooms for 70 **Beautiful Views & Gardens** 

Book & Gift Store Peaceful Chapel WiFi & AV Equipment



### Freeway close on the top of the Palos Verdes Peninsula

## Hold your own group retreat or event at our Center!

Reserve our facilities and customize your retreat to fit the needs of your group. We welcome churches, spiritual and personal development programs, school faculties or students, non-profit groups and community service organizations for day or overnight retreats consistent with our mission. We can accommodate 70 guests overnight in single and double rooms with private baths. Conference rooms for 5 to 150 quests. Our kitchen serves up to 200, and the chapel holds 100 guests.

Contact Sydne Yanko-Jongbloed, Conference Coordinator 310.377.4867 x258 or sjongbloed@maryjoseph.org



