

# A Weekend Retreat For People in Recovery

6:00 pm Friday, December 2 to  
1:30 pm Sunday, December 4, 2022

## Changes ~ Facing Life Successfully

John McAndrew,  
MA, MDiv



Join other friends in recovery for a weekend of sharing, fellowship, and renewal as we consider the changes that we've resisted, the changes that have shaped us, and the changes that continue to challenge us. Using the tools of recovery that we have learned through the Steps, we'll take time for rest, reflection and conversation as we contemplate the next phase of our spiritual development. Bring your Big Book, sponsor/sponsees, partner, spouse, and friends!  
**All Fellowships Welcome!**

John McAndrew, MA, MDiv, is a counselor, poet, retreat facilitator and musician in long-term recovery from the disease of addiction. Formerly Director of Spiritual Care at the *Betty Ford Center* in Rancho Mirage, he currently resides in Arroyo Grande, CA, where he offers spiritual counseling and coaching for individual clients, as well as providing Spiritual Care for Hospice patients.

Cost: per person/shared \$250; single \$350; commuter \$160  
To register call José at (310) 377-4867 ext 250 or email  
jsalas@maryjoseph.org or register online at [www.maryjoseph.org](http://www.maryjoseph.org).  
Please see website for Cancellation Policy

**MARY & JOSEPH RETREAT CENTER**

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