

2022

April:

Quarterly Series: Part Six on Emotional Sobriety
Dr. Allen Berger, PhD, Clinical Psychologist & Herb Kaighan
Saturday, April 2, 2022 9am to 1pm Via Zoom

Path to Personal Freedom
12 Traditions: Seven, Eight and Nine
Herb Kaighan, Spiritual Guide
Saturday, April 9, 2022 10am to Noon Via Zoom

Along the Way: A Pilgrim Walk ~ Come Walk with Us
Sue Ballotti, Labyrinth Facilitator
Saturday, April 9, 7am to 1pm

Easter Sunday Breakfast
Sunday, April 17, 2022 10:00 am to 12:30 pm

Spirituality Series 2022:
Steps 2 & 3: "We AGNOSTICS" A Choice & A Decision!
Joe C. & Herb K.
Saturday, April 23, 2022 10am to 1pm Via Zoom

May:

Path to Personal Freedom: 12 Traditions: Ten, Eleven and Twelve
Herb Kaighan, Spiritual Guide
Saturday, May 7, 2022 10am to Noon Via Zoom

Enhanced Retreat Experience at Mary & Joseph
Sue Ballotti & Vel Roman-Mena,
Spiritual Directors, Labyrinth Facilitators & Camino Pilgrims
Friday, May 13 through Sunday, May 15, 2022
In partnership with Fr. Michael Fish, OSB, Cam
Levanté 1 ~ Online Video Retreat Program

Spirituality Series 2022: Resentments ~ Columns 3 & 4
Herb Kaighan, Spiritual Guide
Saturday, May 14, 2022 10am to 1pm Via Zoom

Connecting with your Inner Wisdom through SoulCollage®
Lauren Lazarovici & Victor Narro
Saturday, May 21, 2022 10am to 3pm

June:

Path to Personal Freedom:
12 Traditions: Conclusion and Experience
Herb Kaighan, Spiritual Guide
Saturday, June 4, 2022 10am to Noon Via Zoom

Spirituality & Nature: Finding God in the Awe of Nature
Mark Mitchell LMFT, Psychotherapist, LMU & CSUDH.
Saturday, June 4, 2022 9:00am to Noon

Spirituality Series 2022
Forgiveness Part 3: Forgiveness: "Nuts & Bolts" a Continuation...
Fred Luskin, PhD & Herb Kaighan, Spiritual Guide
Saturday, June 11, 2022 10:00am to 1:00pm Via Zoom

Spirituality Series 2022:
LIVE... Wide AWAKE ~ Die... Sleep Walking:
Secrets for OPTIMAL LIVING
Dr. Allen Berger, PhD & Herb Kaighan, Spiritual Guide
Saturday, June 18, 2022 10am to 1pm Via Zoom

July:

Spirituality Series 2022: *Steps 8 & 9 ~ Forgiveness*
Herb Kaighan, Spiritual Guide
Saturday, July 16, 2022 10am to 1pm Via Zoom

Quarterly Series: Emotional Sobriety
Dr. Allen Berger, PhD, Clinical Psy. & Herb Kaighan
Saturday, July 23, 2022 9am to 1pm Via Zoom

July continued:

8 Day Silent Directed Retreat:
Take a Trust Walk with Jesus
Spiritual Directors: Sr. Pascazia Kinkuhaire, DMJ;
Fr. Joseph Miller, SVD; Sue Ballotti
6pm Sun., July 31 to 1:30pm, Sun., August 7, 2022

August:

Spirituality Series 2022: Resentments: Column 4
Herb Kaighan, Spiritual Guide
Saturday, August 13, 2022 10am to 1pm Via Zoom

September:

Spirituality Series 2022: *Steps 8 & 9 ~ Forgiveness*
Herb Kaighan, Spiritual Guide
Saturday, September 24, 2022 10am to 1pm Via Zoom

October:

Weekend Healing Retreat
Fr. Pat Crowley, SSSC
6pm Fri., October 14 to 1:30pm Sun., October 16, 2022

Quarterly Series: Emotional Sobriety
Dr. Allen Berger, PhD, Clinical Psy. & Herb Kaighan
Saturday, October 15, 2022 9am to 1pm Via Zoom

Spirituality Series 2022
Forgiveness Part 4: Self-Forgiveness
Fred Luskin, PhD & Herb Kaighan, Spiritual Guide
Saturday, October 22, 2022 10:00am to 1:00pm Via Zoom

Spirituality Series 2022
Enlarging Compassion
Fr. Tom Weston, SJ & Herb Kaighan, Spiritual Guide
Saturday, October 29, 2022 10:00am to 1:00pm Via Zoom

November:

Spirituality Series 2022: Resentments: Columns 3 & 4
Herb Kaighan, Spiritual Guide
Saturday, November 12, 2022 10:00am to 1:00pm Via Zoom

December:

16th Annual Nativity Exhibit: "The Gift Givers"
Curator: Ellen Mintz
Monday, December 5 ~ Tuesday, December 20, 2022
Regular hours Sunday through Thursday are 9am-5pm;
Fridays, Saturdays, 9am-9pm
Admission is free – Our Christmas gift to you

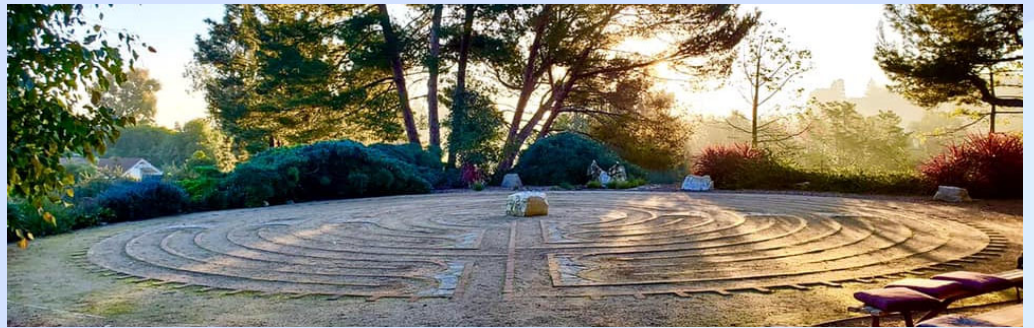
Quarterly Series: Emotional Sobriety
Dr. Allen Berger, PhD, Clinical Psy. & Herb Kaighan
Saturday, December 10, 2022 9am to 1pm Via Zoom

Spirituality Series 2022
Application of Steps 8 & 9 = Final Phase -Process of Forgiveness
Herb Kaighan, Spiritual Guide
Saturday, December 17, 2022 10 AM to 1 PM Via Zoom

Ongoing Retreats

Centering Prayer Group Practice 2022 ~ Improving Our Relationship with God with Greg Johnson & Herb Kaighan
Second & Fourth Weds each month, 7:30-9pm Via Zoom

Gratefulness Gathering with Christine Sanchirico
3rd Thurs of each month in 2022, 4-5:30pm Via Zoom



Picture Yourself at Mary & Joseph Retreat Center!

The Mary & Joseph Retreat Center is a quiet, sacred, beautiful place where people of faith find spiritual renewal, unity, healing and peace. We serve the needs of the community by sponsoring spiritual retreats & events and by hosting organizations holding their own events on our grounds.

Special Amenities at Mary & Joseph

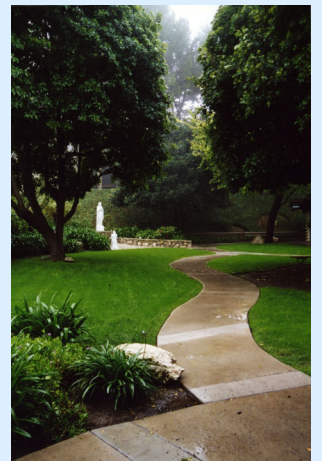
- Labyrinth ~ Outdoor, 11 circuit Chartres style
- Conference Rooms for 5 to 150
- Overnight guests rooms for 70
- Beautiful Views & Gardens
- Book & Gift Store
- Peaceful Chapel
- WiFi & AV Equipment



Freeway close on the top of the Palos Verdes Peninsula

Hold your own group retreat or event at our Center!

Reserve our facilities and customize your retreat to fit the needs of your group. We welcome churches, spiritual and personal development programs, school faculties or students, non-profit groups and community service organizations for day or overnight retreats consistent with our mission. We can accommodate 70 guests overnight in single and double rooms with private baths. Conference rooms for 5 to 150 guests. Our kitchen serves up to 200, and the chapel holds 100 guests.



*"Come away...
 and rest awhile"*
 Mark 6:31

Contact Sydne Yanko-Jongbloed,
 Conference Coordinator
 310.377.4867 x258 or sjongbloed@maryjoseph.org

