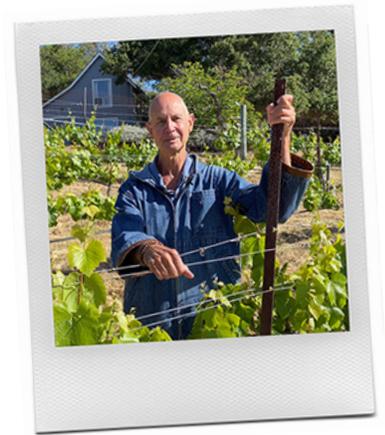
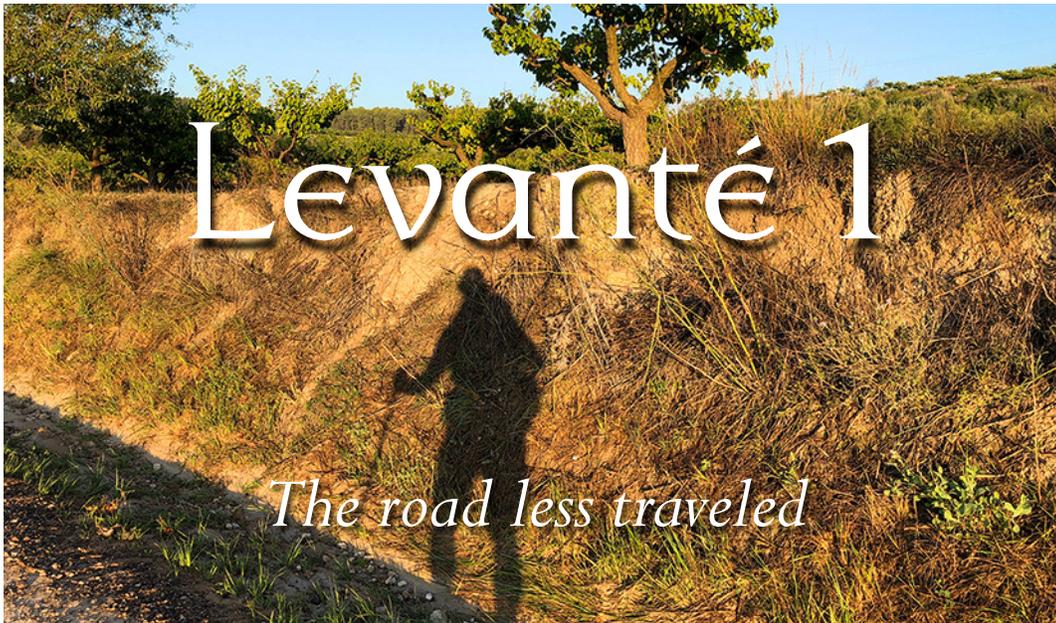


# Mary & Joseph Retreat Center

P R E S E N T S



## Fr. Michael Fish ~ Retreat Master

*Levanté 1* is hosted by Fr. Michael Fish, OSB. CAM, a Camaldolese monk who has created numerous memorable retreats and has decades of experience as a retreat master and spiritual guide.

Michael's popular retreats are unique, engaging inspirational experiences. He has a gift for intuiting the complexities and distractions that impinge on our ability to call on our own spirituality for comfort and contemplation. Michael has an engaging personality, freely displaying his own vulnerabilities and foibles.

His past retreats have explored such topics as Contemplative ways of being, Finding our inner monk, Thomas Merton – Hermit Pilgrim, preparing for Holy Week and Celtic spirituality.

**ONLINE VIDEO RETREAT**  
**Friday, May 13 – Sunday, May 15, 2022**

## From Fr. Michael Fish ~ A new retreat designed to help us find the Divine in everyday life

**L***evanté 1* is the first of Michael Fish's fascinating new retreat series, designed to help us recognize the opportunities for personal growth that are often hidden within everyday experiences – a springboard inviting fresh perspectives on life's challenges and rewards.

Born of Michael's experiences during his arduous and eventful fifth Camino across Spain, *Levanté 1* focuses on how simple everyday events hold valuable lessons for living life in the "now." We will learn how viewing each day as a separate, distinct experience can reveal simple, easily overlooked opportunities for us to live more fully in the present and in the presence of the Divine.

In *Levanté 1*, Fr. Michael takes us along during the first five days of his trek across Spain on the Camino Levanté. This route of the Camino de Santiago is by far the road less traveled. Amazing and unpredictable, the Levanté journey provided a wealth of wonderful opportunities to see what God can teach us about each and every life experience. Michael uses his remarkable gift of storytelling and metaphor to show us how these experiences can hold the key to opening our hearts to a wider view of our relationship with ourselves, our families and the world around us.

### ***Levanté 1* retreat includes...**

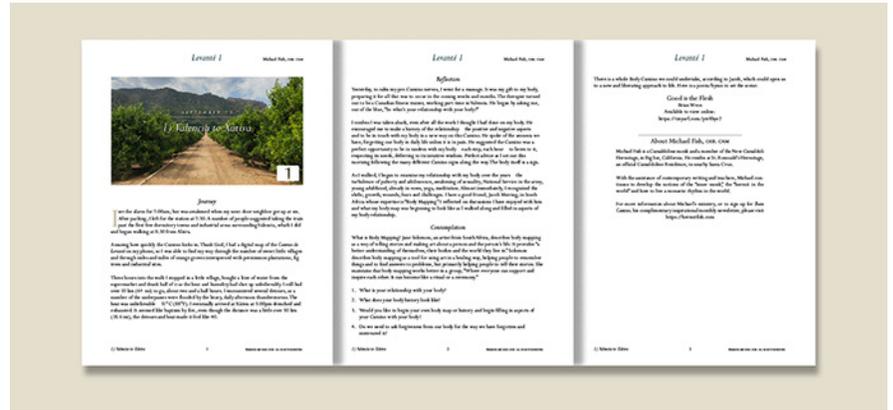
- A video introduction with Michael Fish
- Five "Day" retreat videos with Michael Fish
- A bonus sixth "Day" retreat video with Michael Fish
- A video conclusion with Michael Fish

# Levanté 1 includes these unique study aids and printed keepsakes

Levanté 1 is a totally new retreat concept, combining elements of Michael's popular retreats, such as these highly-prized printed collateral pieces, with his refreshing ideas about navigating modern life.

## Downloadable PDFs

Each of Michael's talks is accompanied by a beautifully designed downloadable PDF that enhances his presentation. Each PDF summarizes his day's journey, a reflection on what that day seemed to be trying to teach him, as well as Michael's suggestions for contemplation – poetry, readings and questions for you to ponder.



## A Personal Journal

Levanté 1 participants in the United States will receive a handsome, spiral-bound journal. Featuring a deeply debossed, foil stamped Hermit Fish logo on thick recycled cover, its 80 blank pages invite you to record your personal thoughts, feelings and impressions during the retreat and beyond. Michael encourages journaling as an everyday activity and these journals will go on to be a constant reminder of your Levanté 1 retreat.



## Pilgrim's Credential and "Day" Stickers

You will receive a multi-panel, keepsake Pilgrim's Credential and five stickers, simulating the experience of trekking the Camino. As you complete each of the core videos you'll affix a sticker into the credential to commemorate that "Day."



## Reserve your place in the Levanté experience

For more information and to book your place in this retreat, please visit:

<https://www.maryjoseph.org>