



# Spirituality Series

1/9 Our Way of Living • 2/6 God as I Don't Understand • 3/13 Inventory I  
4/17 Inventory 2 • 5/8 Freedom • 6/5 Happiness • 7/17 Resentments Col 1,2,3  
8/14 Resentments Col 4 • 9/25 Forgiveness • 10/2 Meditation & Contemplation  
11/20 Amazing Grace • 12/4 Sponsorship/ Helping Others

**Saturday, November 20, 2021**  
**10 AM to 1 PM Via Zoom (PST)**

## Amazing Grace

### Grace-Willingness, Gift-Action Invitation-Response!

Herb Kaighan, Spiritual Guide



*The Spirituality Series is sponsored by Mary & Joseph Retreat Center*



Are you tired of serial suffering? ...are you mostly "restless, irritable, and discontent"? ...are you filled with chronic irritation, anxiety, or boredom? Are you regularly asking: "IS THIS ALL THERE IS??" The text book of AA suggests: We have entered the world of the SPIRIT! We can grow in understanding and effectiveness! It will continue for our lifetime! It also confirms ...we are NOT CURED ...have a DAILY REPRIEVE from a SPIRITUAL MALADY? But when we have a ...program of action ...SANITY RETURNS? ...fit spiritual condition... have a new way of living! We need to carry vision of God's will ...to exercise our will power = its proper use ...to sense the flow of Spirit into us? Have we become God-conscious? What is Big Book talking about? What are specific suggestions for having a life that FLOURISHES ? Can I really be happy, joyous, and free? ...REALLY? We will discuss: responding to the GIFT of GRACE with willingness & action; finding the KEY to unlock the secret to the Step 9 Promises of ...Freedom ...Happiness ...REALLY! Herb K's journey includes: 7 years in Claretian seminary, a graduate education in psychology, 40 years in human resources consulting, certification as a Spiritual Director, 37 years of active participation in a 12 Step Fellowship and the publication of 3 books on spiritual awakening. [www.herbk.com](http://www.herbk.com)

**Cost: \$25**

**Zoom information and links will be emailed to you a few days before each event.**

To register call José at (310) 377-4867 ext 250 or email him at [jsalas@maryjoseph.org](mailto:jsalas@maryjoseph.org) or register online at [www.maryjoseph.org](http://www.maryjoseph.org). Please see website for Cancellation Policy.

MARY & JOSEPH RETREAT CENTER

5300 Crest Road Rancho Palos Verdes, CA 90275 (310) 377-4867

[www.maryjoseph.org](http://www.maryjoseph.org)

Email: [jsalas@maryjoseph.org](mailto:jsalas@maryjoseph.org)