



Sacred Expressions

“Music and art and poetry attune the soul to God.” ~ Thomas Merton

*Saturday, October 9, 2021
9:00am to Noon*

Sacred Geometry Art & Meditation

Laurie Wallace



This creative workshop will introduce basic concepts of Sacred Geometry using art techniques to enhance art-making as meditation. Sacred Geometry is an ancient science that explores our relationship to natural universal patterns and geometric shapes which unify our world. Together we will create works of art/meditation based on the mandala, the spiral and the golden ratio. All materials, handouts and supplies will be provided. No previous art experience is required. Laurie Wallace is a Deacon wife, parish volunteer, co-facilitator of a woman's prayer group, graphic designer, ceramicist and has taught art to children and the elderly.

Cost: \$40 per person (all materials included)
To register call José at (310) 377-4867 x250
or email him at jsalas@maryjoseph.org or
register online at www.maryjoseph.org.
Please see website for Cancellation Policy.

MARY & JOSEPH RETREAT CENTER

5300 Crest Road Rancho Palos Verdes, CA 90275 (310) 377-4867
www.maryjoseph.org Email: jsalas@maryjoseph.org