



# 12 Step Weekend Retreat ~ All Fellowships Welcome!

*6:00 pm Friday, December 3 to  
1:30 pm Sunday, December 5, 2021*

## Returning to Ourselves

**John McAndrew,  
MA, MDiv**



Recovery is a journey of new awarenesses, acceptance, and action. This Weekend Retreat is for people whose lives have been affected by the family disease of Alcoholism/Addiction - singles, couples, all Fellowships welcome! Utilizing the foundations of the 12 Steps and 12 Traditions, we'll consider the Principles of Recovery as stepping stones to a new freedom, healthier relationships, and a life of joyful service. Bring your Big Book, 12&12 - and your partner, spouse or friends!

John McAndrew is a counselor, musician, theologian, teacher, and poet in long-term recovery from the disease of addiction. Formerly Director of Spiritual Care at the Betty Ford Center in Rancho Mirage, he currently resides in Arroyo Grande, California, offering

spiritual counseling and coaching for individual clients, as well as providing Spiritual Care for Hospice patients. Find more about John's ministry at [www.sensiblespirituality.org](http://www.sensiblespirituality.org)

Cost: per person/shared \$250; single \$350; commuter \$160

To register call José at (310) 377-4867 ext 250 or email [jsalas@maryjoseph.org](mailto:jsalas@maryjoseph.org) or register online at [www.maryjoseph.org](http://www.maryjoseph.org). Please see website for Cancellation Policy

**MARY & JOSEPH RETREAT CENTER**

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