



Private Retreats & Special Programs

Spiritual Direction

From time to time we all feel the need for guidance, compassionate listening or help with discernment.

A spiritual director is a companion on the journey who assists us in tuning in more deeply to the heart to recognize the still, small voice of God within. Spiritual direction is available for individuals or couples on an on-going basis, meeting about once a month. A donation between \$50 and \$70 is suggested for each one-hour session. Several directors are available.

For information on spiritual direction contact

Sue Ballotti, our Spiritual Development Coordinator, at (310) 377-4867 ext 252 or sballotti@maryjoseph.org

Private Retreats

"Come away... and rest a while" (Mk. 6: 31).

Mary & Joseph Retreat Center offers the individual a unique opportunity in our busy world - to take some time for your own private retreat, "a time to stop and let your soul catch up." Our chapel and grounds are open for reflection during daylight hours. If you choose to have one day or several days of refreshment and renewal, the time and space can reinvigorate your body, mind and spirit. The cost for a single room is \$80 per night, a shared room for 2 people is \$103 per night (\$51.50/person). Meals extra as available. Please call ahead to reserve your room and meals.

You may also schedule spiritual direction during your stay.

For information on private retreats contact

Sydne (310) 377-4867 ext 258 or sjongbloed@maryjoseph.org

Do you need a facilitator?

Retreat Facilitators are available to assist with the development and spiritual care of your retreat group. With prior arrangement, a Facilitator can be arranged to help in the planning of your retreat, assisting you in responding and cooperating with God's grace for your retreat program. The Facilitator is compensated by your group, according to the length of the retreat at Mary & Joseph. Contact us in advance of your retreat.

Labyrinth Facilitators are available with prior arrangement, to assist your group in making the Labyrinth part of your retreat program.

To find out more about what we can offer, contact Sue Ballotti, our Spiritual Development Coordinator, at (310) 377-4867 ext 252 or sballotti@maryjoseph.org

