

6:00pm Tuesday, August 4 to
1:30pm Sunday, August 9, 2020

Introductory Wisdom School

Heather Ruce, SD, MA, SEP



This Introductory Wisdom School will use Cynthia Bourgeault's e-course teachings to explore our three centers of intelligence, the Rule of St. Benedict, and the Wisdom tradition as the Way of the Heart so that we might show up in the world as more conscious planetary servants. Heather Ruce will facilitate the integration of Cynthia's transmissions and invite a 'wisdom way of knowing' through a daily rhythm of periods of video teaching from Cynthia, centering prayer, chanting, mindful work, mindful movement, sharing, and contemplative free time. Heather Ruce is a Wisdom focused spiritual director. She has studied with Cynthia Bourgeault and works with individuals and groups to awaken the Heart.

Cost: per person/shared: \$475; single \$600

To register call Marlene at (310) 377-4867 ext 234 or email her at mvelazquez@maryjoseph.org or register online at www.maryjoseph.org. Please see website or Program Guide for Cancellation Policy.

MARY & JOSEPH RETREAT CENTER

5300 Crest Road Rancho Palos Verdes, CA 90275 (310) 377-4867 Fax: (310) 541-1176

www.maryjoseph.org

Email: mvelazquez@maryjoseph.org

RETREAT RESERVATION ~ Please return this form with your payment. Thank you.

"Introductory Wisdom School" Heather Ruce, SD, MA, SEP, August 4 - 9, 2020

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