

*Sunday, July 28, 2019  
9:30am to 12pm*

## Mini-Retreat for the Disabled and their Caregivers

Sr. Mary Mortz, DMJ, PhD



Pain & medications can be so debilitating! Experience a unique retreat for people who hurt, and for whom it is difficult to move around and focus. Share with others what it is like to be in pain, be limited, be unable to leave the house. Companions are welcome at no charge. Teacher, author and coach, Sr. Mary has been guiding & helping people find the holy and the whole in their lives for over 40 years. Backed with sound scholarship, Sr. Mary teaches with humor & wit. She has a passion for spiritual direction (companionship) and for learning in all forms. Her goal is to help participants respond to God's nudging in a safe secure environment of spiritual friendship.

Sign-up early, registration limited. Cost: \$25 Light food will be served.

To register call Marlene at (310) 377-4867 x234 or email her at [mvelazquez@maryjoseph.org](mailto:mvelazquez@maryjoseph.org) or register online at [maryjoseph.org](http://maryjoseph.org) Please see website or Program Guide for Cancellation Policy.

### MARY & JOSEPH RETREAT CENTER

5300 Crest Road Rancho Palos Verdes, CA 90275 (310) 377-4867

Email: [mvelazquez@maryjoseph.org](mailto:mvelazquez@maryjoseph.org)

RETREAT RESERVATION ~ Please return this form for your reservation. Thank you.

"Mini-Retreat for Disabled & their Caregivers" Mary Mortz, DMJ, PhD Sunday, July 28, 2019

NAME \_\_\_\_\_ PHONE (\_\_\_\_\_) \_\_\_\_\_

ADDRESS \_\_\_\_\_

EMAIL \_\_\_\_\_

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