

Saturday, March 9, 2019  
9am to 12pm

## A Lenten Morning of Ignatian Prayer Paulette Cerutti, MA



Come deepen your Lenten journey with a mini Ignatian retreat. We will accompany Jesus on His Spirit-led journey to the wilderness through guided contemplation. There will be time for reflection & review of prayer in your journal, sharing, free quiet/prayer time, Group Lectio Divina, and we will conclude the mini retreat by prayerfully gathering the graces in a guided Examen prayer. We will pray this morning for the grace to know Jesus more intimately, to love him more intensely, and to follow him more closely. Please bring your journal and a pen.

Paulette has a Masters degree in Christian Spirituality from Creighton University where she received her training in Ignatian Spirituality to give the Spiritual Exercises, spiritual direction, and directed silent 8 day retreats.

Cost: \$20 (\$25 after 3/1) Lunch not included.

To register call Marlene at (310) 377-4867 ext 234 or email her at [mvelazquez@maryjoseph.org](mailto:mvelazquez@maryjoseph.org) or register online at [www.maryjoseph.org](http://www.maryjoseph.org) Please see website or Guide for Cancellation Policy.

### MARY & JOSEPH RETREAT CENTER

5300 Crest Road Rancho Palos Verdes, CA 90275 (310) 377-4867

Email: [mvelazquez@maryjoseph.org](mailto:mvelazquez@maryjoseph.org)

RETREAT RESERVATION ~ Please return this form for your reservation. Thank you.  
"A Lenten Moring of Ignatian Prayer" Paula Cerutti, MA, Saturday, March 9, 2019

NAME \_\_\_\_\_ PHONE (\_\_\_\_) \_\_\_\_\_

ADDRESS \_\_\_\_\_

EMAIL \_\_\_\_\_

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