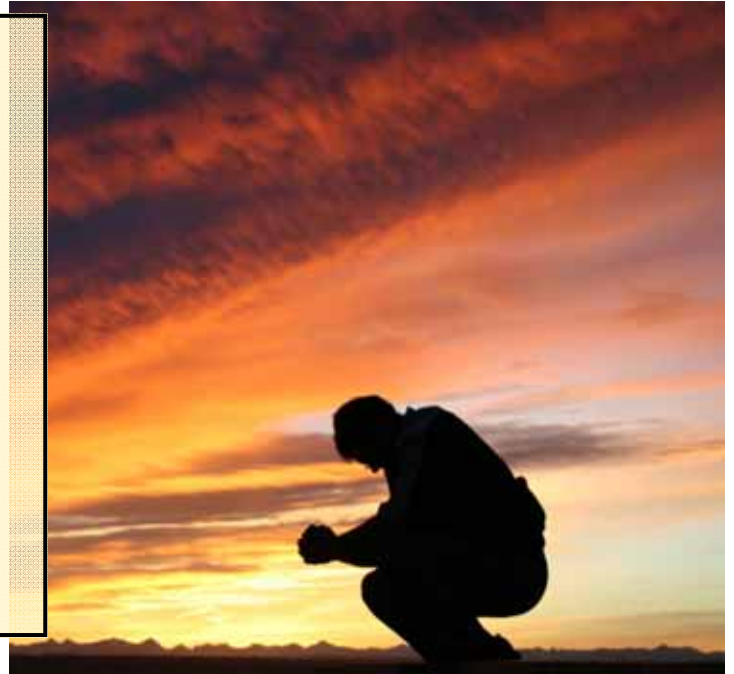


A Spiritual Awakening

Saturday, March 24, 2018
1:00 - 5:00pm

12 Steps to a Spiritual Awakening

Herb Kaighan,
Spiritual Director



Attendees will be engaged in an experiential process of personal transformation. You will...

1. Identify sources of your suffering and unhappiness.
2. Experience the resources and process for healing.
3. Learn the skills and actions to establish and foster a stable sense of well-being.

The 12 Step methodology promises enlightenment for all who embrace & incorporate this way of life. Herb is a Spiritual Director & has authored three books on spiritual awakening. He has been involved with 12-Step workshops & retreats for 34 years and has a graduate education in psychology. *Find more information at www.herbk.com.*

Cost: \$25 (\$20 if paid in full by March 16)

To register call Marlene at (310) 377-4867 ext 234

or email her at mvelazquez@maryjoseph.org or register online at www.maryjoseph.org.

Please see website or Program Guide for Cancellation Policy.

MARY & JOSEPH RETREAT CENTER

5300 Crest Road Rancho Palos Verdes, CA 90275 (310) 377-4867 Fax: (310) 541-1176

www.maryjoseph.org

Email: mvelazquez@maryjoseph.org

RETREAT RESERVATION ~ Please return this form for your reservation. Thank you.
"12 Steps to a Spiritual Awakening" Herb Kaighan, Saturday, March 24, 2018

NAME _____ PHONE (____) _____

ADDRESS _____

EMAIL _____

Cost: \$25 (\$20 if paid in full by March 16)

Please see website www.maryjoseph.org or Program Guide for Cancellation Policy.