

# A Spiritual Pilgrimage

Saturday, February 23, 2019  
10:00 am to 3:00 pm

## A Pilgrim's Journey through Lent

Annie O'Neil,  
Director/Producer



Every pilgrimage requires preparation, whether of the mind, body or spirit. This workshop will give people the tools to prepare for the sacred pilgrimage of Lent, using the Camino as a model. This is a family friendly workshop meant to encourage people to set aside the 40 days of Lent as a time of growing closer to God, to their own faith and to their communities. The themes of trust, creating sacred space and time, and connection with others will be covered. We will also show the hour long version of *Phil's Camino: So Far, So Good*.

Cost: \$50 (\$55 after February 15)

Call Marlene at (310) 377-4867 234 or email her at [mvelazquez@maryjoseph.org](mailto:mvelazquez@maryjoseph.org) or register online at [www.maryjoseph.org](http://www.maryjoseph.org). Please see our website for Cancellation Policy.

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"A Pilgrim's Journey " Annie O'Neil, Saturday, February 23, 2019, 10:00 am - 3:00 pm

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