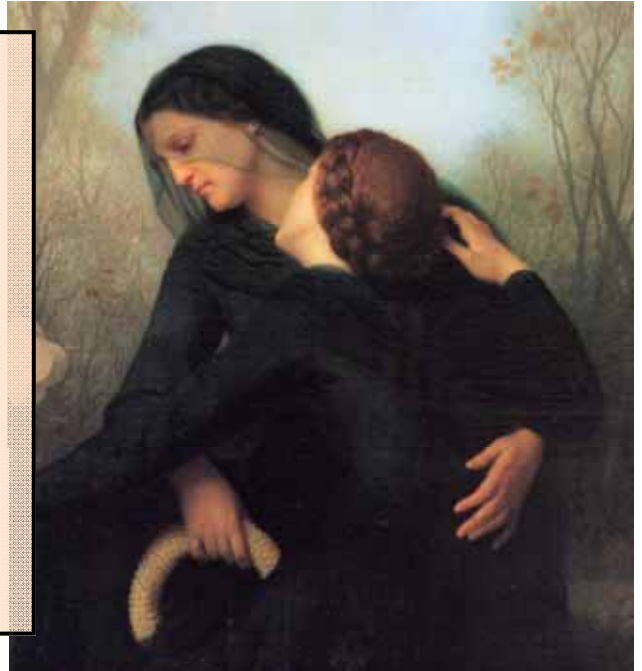


Grief Workshop

*Saturday, November 3, 2018
9:00 am to 3:00 pm*

Journey in Grief Through the Holidays

Sr. Laura Gormley, SSL



Journeying through our grief for the loss of a loved one is a difficult task as we move through the many aspects of all the losses involved in our grief. During this time of year, the thought of facing the Thanksgiving and Christmas Holiday season can be an extra burden, filling us with dread. We will consider possible ways of preparing for and participating in these occasions while honoring the memory of our absent loved one. We will also reflect on our ongoing everyday experience of grief, its various dimensions and ways that may help us along the path.

Cost: \$50 (\$55 after 10/26) Lunch included.

To register call Marlene at (310) 377-4867 ext 234 or email her at mvelazquez@maryjoseph.org or register online at www.maryjoseph.org.

Please see website www.maryjoseph.org for Cancellation Policy.

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"Grief Workshop" Sr. Laura Gormley, SSL Saturday, Nov. 3, 2018, 9:00 am to 3:00 pm

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Cost: \$50 (\$55 after 10/26) Lunch included.