

7:30 pm Friday, November 22 to
1:30 pm Sunday, November 24, 2019

Sanctuary: Creating Spaces to Rest, Renew & Live

Rev. Terry Hershey



How can I make life-giving choices if my spirit or heart is on empty? Care of any kind - compassion, generosity, service, ministry, teaching, giving - begins with and is nourished by self-care. Or in the words of Charlie Parker, "*If it ain't in you it can't come out of your horn.*" Care begins with the power of pause; with the intentional choices we make about being present... passion, grace, laughter, play and wholeheartedness.

Terry Hershey is an author, humorist, inspirational speaker, dad, and ordained minister. book, *Sanctuary: creating places for grace in your life*, offers the permission to slow down and to be gentle with ourselves, in a world that demands More-Bigger-Faster. Most days, you can find Terry out in his garden on Vashon Island in the Puget Sound - because he believes that there is something fundamentally spiritual about dirt under your fingernails.

Cost: per person/shared \$240; single \$340 Commuter:\$150

To register call Marlene at (310) 377-4867 ext 234 or email her at mvelazquez@maryjoseph.org or register online at www.maryjoseph.org. Please see website for Cancellation Policy.

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"Sanctuary" Rev. Terry Hersey, Friday, Nov. 22 - Sunday, Nov. 24, 2019

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