

7:00pm Friday, October 13 to 1:30pm
Sunday, October 15, 2017

Coming Home to Myself

Maggie Perrone, RN, MA
& Chantel Zimmerman



Leave the hectic world behind and come nourish yourself taking time to go inward and return to your center. At this 3-day retreat the labyrinth and SoulCollage® will serve as spiritual tools that connect you with God and your inner wisdom. Silence, prayer and interactive exercises fill the weekend fostering nurturing opportunities to bring you back to yourself. Maggie is the Executive Director of Genuine Journeys, a company dedicated to enriching spiritual life. She is a nurse, mother, retreat leader and labyrinth facilitator. Chantel is a Spiritual Director and Certified Labyrinth Facilitator steeped in contemplative practices. With a degree in environmental studies she founded "Sustainable Works" an e-co-action & education non-profit company.

Cost: per person/shared \$245 (\$230 if paid in full by September 22)
single room \$340 (\$325 if paid in full by September 22)

To register call Marlene at (310) 377-4867 ext 234 or email her at mvelazquez@maryjoseph.org or register online at www.maryjoseph.org. Please see website or Program Guide for cancellation policy.

MARY & JOSEPH RETREAT CENTER

5300 Crest Road Rancho Palos Verdes, CA 90275 (310) 377-4867 Fax: (310) 541-1176
www.maryjoseph.org Email: mvelazquez@maryjoseph.org

RETREAT RESERVATION ~ Please return this form for your reservation. Thank you.
"Coming Home to Myself" Maggie Peerrone, Rn, MA & Chantel Zimmerman,
7pm Friday, Oct. 13 - 1:30pm Sunday, Oct. 15, 2017

NAME _____ PHONE (____) _____

ADDRESS _____

EMAIL _____

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