



Grief Workshop

*Saturday, January 26, 2019
9:00 am to 3:00 pm*

Journey Through Grief

Sr. Laura Gormley, SSL



The loss of a beloved spouse, parent or relative, or close friend sends us on a journey of grief. On this journey we struggle with our hopes and fears, our longings and expectations, as we learn to accept our new way of being and move forward with our individual lives. We will explore ways that may help us along this path. Sr. Laura is a Sister of St. Louis. She has been trained and involved in retreats and spiritual direction for many years. She has also worked extensively in bereavement ministry. Lunch included.

Cost: \$50 (\$55 after 1/18) Lunch included.

To register call Marlene at (310) 377-4867 ext 234 or email her at mvelazquez@maryjoseph.org or register online at www.maryjoseph.org.

Please see website www.maryjoseph.org or Program Guide for Cancellation Policy.

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